

<b>Department:</b> Family Engagement	<b>Approval Date:</b> 8/13/2018	<b>Policy Number:</b> 7050
<b>Regulation Number:</b> 1302.51 (b)	<b>Regulation Topic:</b> Family Engagement Program Services	<b>Policy Title:</b> Parenting Curriculum

**Policy:**

All MARC Head Start programs must at a minimum, offer opportunities for parents to participate in a research-based parenting curriculum that builds on parent’s knowledge and offers parents opportunities to practice parenting skills.

Head Start and Early Head Start programs must ensure the parenting curriculum they choose:

- Is research-based
- Is delivered to parents as the intended and primary audience
- Is delivered in a time limited manner in three or more sessions
- Has a detailed manual or facilitators guide that describes the content, order and delivery of each session
- Can be delivered in center or home based early childhood settings or community-based organizations
- Includes structured, sequence learning activities for parents that focus on two or more of the following domains of learning:
  1. Nurturing (warmth, responsiveness, and sensitivity)
  2. Discipline (providing limits, teaching self-control, handling challenging child behaviors)
  3. Teaching (conveying information or skill)
  4. Language (conversations)
  5. Supervision (watchfulness)
- Programs must have approval from the MARC Head Start Family and Community Engagement Manager before implementation
- Curricula must be reviewed yearly in the spring with parents for program planning and fall implementation
- Curricula dates and times must be communicated at a minimum on the programs activity calendar and offered at times that are conducive to parents and family’s